

BREAKFAST

8 am — 11.30 am

PLEASE ORDER AND PAY AT COUNTER

Crusty toasted sourdough with jam	\$ 4.50
Thick Fruit toast with butter and conserves	\$ 6.50
Cafe 7 Muesli	\$ 11.95
<i>with fresh fruit, milk & natural yoghurt drizzled with Australian bush honey</i>	
Fruit Salad	\$ 11.95
<i>seasonal fruits topped with natural yoghurt, drizzled with honey & fruit couli</i>	
Homemade pancakes	\$ 11.95
<i>cooked to order, served with maple syrup or fruit couli & either cream or icecream</i>	
Hearty Big Breakfast	\$ 17.95
<i>free range poached eggs on freshly sliced toast, chipolatas, smoked rashers, grilled tomato, oven roasted field mushroom, baked beans, crispy hash browns</i>	
Vegetarian Big Breakfast	\$ 16.95
<i>free range poached eggs on freshly sliced toast, grilled tomato, oven roasted field mushroom, baked beans, crispy hash browns, grilled pineapple and English spinach</i>	
Salmon Florentine	\$ 17.95
<i>free range poached eggs on toasted English muffin topped with smoked salmon & wilted spinach, dressed with a homemade hollandaise sauce with a hint of lemon</i>	
Fetta and spinach scrambled eggs	\$ 14.95
<i>on freshly sliced toast with grilled tomato & oven roasted field mushroom</i>	
Smoked Salmon scrambled eggs	\$ 15.95
<i>on freshly sliced toast with grilled tomato & oven roasted field mushroom</i>	
3 Egg Omelette	\$ 15.95
<i>choice of 3 Cheese</i>	
<i>Spanish—pepperoni, tomato, red onion, capsicum and cheese</i>	
<i>Salmon and spinach</i>	
Quick Breakfast	\$ 11.95
<i>Free range eggs (2) cooked to your liking on freshly sliced toast & smoked rashers</i>	

NIBBLES

PLEASE ORDER AND PAY AT COUNTER

Garlic and herb bread	\$ 6.90
Today's soup	\$ 9.90
<i>freshly made and served with crusty bread</i>	
Turkish bread fingers with trio of dips	\$ 11.90
<i>warm Turkish bread served with homemade dips (Extra bread \$2.00)</i>	
Bruschetta	\$ 10.90
<i>traditional Italian salsa with crumbled Australian fetta, parmesan and drizzled with homemade reduced balsamic dressing</i>	
Vegetarian spring rolls	\$ 12.95
<i>with sweet chilli sauce</i>	
Cafe 7 Vegetarian plate for 2	\$ 18.95
<i>fetta, olives, roast capsicum, brie cheese, semidried tomato, warm Turkish bread drizzled with reduced balsamic dressing and homemade dips</i>	
Anti Pasto Plate for 2	\$ 21.95
<i>Italian style meats, olives, roast capsicum, semidried tomato, fetta, warm Turkish bread drizzled with reduced balsamic dressing and homemade dips</i>	
Fries	\$ 6.95
<i>cooked until golden and served with homemade aioli sauce (extra sauce \$2.00)</i>	
Wedges	\$ 9.95
<i>lightly sprinkled with Café 7 own special blended salt and served with sweet chilli sauce and sour cream (extra sauce \$2.00)</i>	

SIDES

Steamed Vegetables	\$ 6.50
Garden Salad	\$ 4.50
Steamed or Roast Potatoes	\$ 4.50

BREAD BASKET

8 am to 5 pm

PLEASE ORDER AND PAY AT COUNTER

Choice of Foccaccia or Turkish Bread

Pesto Chicken.....\$ 9.90
chicken, pesto, semidried tomatoes, avocado , brie cheese

Mediterranean.....\$ 9.90
*spinach, eggplant, semidried tomato, roasted capsicum, roasted mushroom,
red onion jam, fetta*

Rolls or Sandwiches with your choice of fillings:

Chicken, beef, or tuna and salad.....\$ 5.95
(lettuce, tomato, cucumber, carrot, red onion)

Egg or cheese and salad.....\$ 4.95

Extras:.....\$ 0.55
*pesto, mayonnaise, horseradish, Dijon mustard, pineapple, avocado, cheese, olives,
beetroot*

Toasted Sandwiches your choice:..... *from* \$ 4.95

Tomato and cheese.....\$ 4.95

Cheese and pineapple.....\$ 4.95

Tomato, cheese and smoked rashers.....\$ 5.95

Cheese, smoked rashers and onion.....\$ 5.95

Chicken, cheese and avocado.....\$ 5.95

Smoked rashers, egg, cheese & onion.....\$ 6.90

Smoked rashers, egg, cheese and pineapple.....\$ 6.90

LUNCH & DINNER

PLEASE ORDER AND PAY AT COUNTER

Cafe 7 Beef Burger or Vegetarian Oat Burger	\$ 15.95
<i>with red onion jam, cheese, lettuce, tomato, cucumber, relish and wedges</i>	
Nachos with Mexican tomato salsa and sour cream	\$ 17.95 *
Nachos with beef or chicken and Mexican tomato salsa and sour cream	\$ 19.95
Tender Prime Sirloin Steak sandwich	\$ 21.95
<i>on toasted sourdough with salad, homemade caramelised red onion, tomato relish and golden fries</i>	
Mushroom Risotto	\$ 19.95 *
<i>mushrooms, tomatoes, red capsicum, baby spinach, garlic, basil leaves tossed through Arborio rice with a touch of cream & shaved parmesan</i>	
Chicken Risotto	\$ 22.95
<i>with roast pumpkin, semidried tomatoes, onion, garlic, herbs & shaved parmesan</i>	
Chicken Parmigiana	\$ 24.95
<i>crumbed schnitzel with homemade salsa, salad & wedges</i>	
Moroccan Chicken	\$ 21.95
<i>marinated tenderloins on a bed of mesculin salad with tomato, cucumber, red onion, and fetta with a homemade yoghurt & coriander dressing</i>	
Cajun Chicken	\$ 21.95
<i>tenderloins coated in authentic spices on a bed of spinach with semi dried tomato, pumpkin, smoked rashers with an orange and poppy seed dressing</i>	
Beef Stir Fry	\$ 21.95
<i>marinated beef strips in coriander, hoi sin sauce, sweet chilli sauce, ginger, garlic, Asian greens & egg noodles</i>	
Chicken Honey Soy	\$ 21.95
<i>chicken strips, hoi sin sauce, garlic, Asian greens, cashews & egg noodles</i>	
Chicken Avocado	\$ 25.95
<i>tender grilled breast with a creamy garlic & mushroom sauce with fanned avocado & petite salad</i>	
Roasted Lamb Rack	\$ 34.95
<i>lamb rack served on a sweet pumpkin bed with garden salad and either mushroom, pepper or rosemary gravy</i>	
Fish of the Day	\$ MP
<i>served grilled with a lemon butter sauce with roast potatoes or fries and a petite garden salad</i>	
Red Emperor Almondine	\$ 32.95
<i>grilled fillets on a garden salad with tomato salsa, almond flakes & drizzled with a lemon & herb vinaigrette dressing</i>	
Rib Eye	\$ 33.95
<i>succulent tender rib eye with herb mash, garden salad with either a mushroom or pepper sauce or rosemary jus</i>	
Scotch Fillet	\$ 32.95
<i>grilled to your liking with roast potatoes & garden salad with either a mushroom, pepper or rosemary gravy</i>	

SALADS

PLEASE ORDER AND PAY AT COUNTER

Café 7 Garden Salad.....\$10.95
mixed lettuce, capsicum, tomato, cucumber, carrot, red onion, Italian dressing

Greek Salad.....\$ 12.95
mixed lettuce, fetta, cherry tomato, cucumber, red onion, Kalamata olives, Balsamic dressing

Salmon Nicoise.....\$ 19.95
spinach, gourmet potatoes, snow peas, smoked salmon, cherry tomatoes, black olives, red onion, hard eggs and vinaigrette

Chicken Nicoise.....\$ 19.95
spinach, gourmet potatoes, snow peas, smoked salmon, cherry tomatoes, black olives, red onion, hard eggs and vinaigrette

Caesar Salad.....\$17.95 *
cos lettuce, smoked rashers, croutons, Caesar dressing, hard eggs and shaved parmesan

Chicken Caesar Salad.....\$20.95
diced chicken breast, cos lettuce, smoked rashers, croutons, Caesar dressing, hard eggs and shaved parmesan

Warm Beef Fillet Salad.....\$24.95
grilled marinated beef strips, mixed lettuce, fetta, tomato, cucumber, red onion, Kalamata olives, honey and ginger vinaigrette

PASTA & PIZZA

PLEASE ORDER AND PAY AT COUNTER

Your choice of Fettuccini, Penne or Spaghetti

Alfredo Pasta de Casa	\$ 20.95
<i>sautéed onion, garlic, mushrooms, rashers, olives & parmesan in a traditional napoletana sauce and a dash of cream</i>	
Chicken Carbonara	\$ 22.95
<i>chicken, sautéed onion, garlic, mushrooms, rashers & parmesan & finished in a light cream</i>	
Primavera	\$ 18.95 *
<i>spring vegetables in a tomato based sauce with fresh basil and garlic</i>	
Pasta Buon Tempo	\$ 20.95
<i>sautéed onion, garlic, chilli (to your taste), fresh basil, anchovies, Kalamatta olives in a homemade tomato sauce</i>	
Spaghetti Bolognese	\$ 19.95 *
<i>traditional meat sauce served with parmesan cheese</i>	
Salmon & Avocado Pasta	\$ 22.95
<i>sautéed onion, salmon, baby spinach & snow peas in a light garlic cream sauce, with pinenuts and avocado</i>	
Beef or Vegetarian Lasagna	\$ 19.95
<i>homemade with béchamel sauce served with salad</i>	
Vegetarian Pizza	\$ 17.90 *
<i>cheese, tomato, Spanish onion, capsicum, mushroom, olives, fetta, pineapple & fresh mixed herbs</i>	
BBQ Chicken Pizza	\$ 17.90 *
<i>chicken, onion, mushroom, cherry tomatoes, cheese and bbq sauce</i>	
Tropical Pizza	\$ 17.90 *
<i>smoked rashers, pineapple pieces and cheese</i>	
Pepperoni Pizza	\$ 17.90 *
<i>pepperoni, onion, jalapenos and cheese</i>	
Beef Supreme Pizza	\$ 18.90
<i>onion, mushroom, olives, beef, rashers, tomato, capsicum and cheese</i>	
Meat Lovers Pizza	\$ 19.90
<i>Beef, rashers, pepperoni, cabana, onion, capsicum, herbs and cheese</i>	
Café 7 Gourmet Pizza	\$ 20.95
<i>roasted capsicum, artichoke, semidried tomato, pumpkin, fetta, spinach, Kalamatta olives & mozzarella cheese drizzled with reduced balsamic dressing</i>	

KIDS MENU
12 years & under



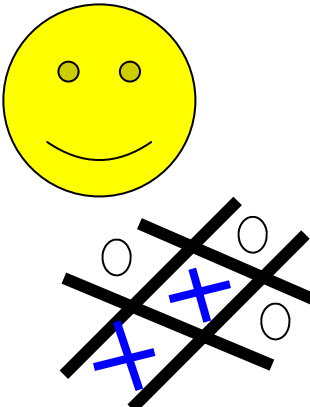
Kids Breakfast

- Toast with vegemite or jam.....\$3.50
- Weetbix, Cornflakes, Coco Pops, Rice Bubbles, Muesli.....\$4.00
- Egg, chipolata and hashbrowns on toast.....\$7.95



Kids Lunch & Dinner

- Kids cheese or vegemite sandwich.....\$3.50
- Chicken Nuggets with salad, fries & tomato sauce.....\$9.95
- Spring Rolls with salad.....\$9.95
- Spaghetti with tomato sauce or bolognaise sauce.....\$9.95
- Café 7 Kids beef burger with cheese and salad.....\$9.95
- Nachos with Mexican salsa and sour cream.....\$9.95
- Beef or Vegetarian Lasagna with salad.....\$9.95
- Fish and Chips.....\$9.95
- Fries and tomato sauce.....\$4.95



MONDAY, TUESDAY, WEDNESDAY

\$ 15.90 *

SPECIALS

We thank you for your continued patronage and that you enjoy your dining experience at Café 7.

If we can be of any extra assistance, please ask the service staff who will be willing to help.

Games are for the pleasure of patrons free of charge, however we ask that you assist your children in ensuring that all pieces are placed back in the boxes and onto the shelf for others to use.

VIP LUNCH OR DINNER

\$50 per PERSON

PLEASE ORDER AND PAY AT COUNTER

Choice of:

Entrée:

Mini bruschetta on toasted sourdough

Turkish Bread fingers with homemade trio of dips

Soup of the Day with crusty bread

Mains:

Tempura Fish and Chips

cooked until golden with garden salad & homemade tartare sauce

Salmon & Avocado Pasta

sautéed onion, salmon and spinach in a light garlic cream sauce, with pinenuts & avocado

Mushroom Risotto

mushrooms, cherry tomatoes, red capsicum, baby spinach, garlic, basil leaves tossed through Arborio rice with a touch of cream and shaved parmesan

Moroccan Chicken

marinated tenderloins on a bed of mesculin salad with tomato, cucumber, red onion, and fetta with a homemade yoghurt and coriander dressing

Chicken Avocado

tender grilled breast with a creamy garlic & mushroom sauce with fanned avocado and petite salad

Scotch Fillet

grilled to your liking with roast potatoes and garden salad with either a mushroom or pepper sauce or rosemary gravy

Dessert:

Cake of the day with fresh cream

Azzura Icecream—Peach Fantasia, Apple Sensation, Green Pears, Marroncino or White Truffle



Coffee, Tea, Hot Chocolate or select cold drink from display fridge

DRINKS

PLEASE ORDER AND PAY AT COUNTER

Hot Drinks

Enjoy Café 7's

Special Blend Coffee

Freshly Roasted Arabica Beans

All Coffees available in Decaf

Alternative Cereal Blends

include

Caro, Ecco & Natures Cuppa

Cappucino	\$3.90
Café Latte	\$3.90
Flat White	\$3.90
Espresso	\$3.20
Short Black	\$3.40
Long Black	\$3.80
Affogatto	\$4.80
Machiato (short)	\$3.50
Machiato (long)	\$3.90
Mocha	\$4.60
Café Vienna	\$4.40
Hot Chocolate	\$4.60
Soy Coffees	\$4.40
Coffee in Mugs	med \$4.50
	large \$4.80
Babycino	\$2.00

Coffee Indulgence
Flavours extra

\$1.30

Teas

English Breakfast	\$3.90
Vanilla Tea	\$3.90
Earl Grey	\$3.90
Green Tea	\$3.90
Rooibos	\$3.90
Chai Tea	\$3.90

Herbal Teas

Chamomile	\$3.90
Peppermint	\$3.90
Lemongrass & Ginger	\$3.90
Dandelion	\$3.90

Organic Cold Drinks

Phoenix—Carbonated	\$3.70
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Check fridge for flavours

Iced Drinks

Iced Coffee or alternative	\$6.90
with icecream and cream	
Iced Chocolate	\$6.90
with icecream and cream	
Iced Mocha	\$6.90
with icecream and cream	
Iced Tea	\$4.70
<i>Mango, Lemon, Peach, Raspberry,</i>	
<i>Chai</i>	

Milkshakes

Milkshakes (Malt 50c extra)	\$5.50
<i>Chocolate, Vanilla, Strawberry,</i>	
<i>Spearmint, Banana, Caramel</i>	
Milkshakes—Exotic	\$6.90
<i>Black Forest, Grasshopper,</i>	
<i>Coco Lush, Jaffa, Peach Melba,</i>	
<i>Choc Mint, Flake Shake, Rocky</i>	
<i>Road, Honey Comb, Turkish</i>	
<i>Delight, Cherry Ripe, Mars Bar,</i>	
<i>Strawberry Ripe</i>	

Smoothies

Banana Strawberry	\$6.90
<i>Banana, Strawberry</i>	
White Chocolate Shake	\$6.90
<i>Caramel/White Chocolate</i>	
Chocolate Monkey	\$6.90
<i>Banana, Swiss Chocolate</i>	
Nutty Irishman	\$6.90
<i>Macadamia, Irish Cream</i>	
Cherry Chocolate Freeze	\$6.90
<i>Cherry, Swiss Chocolate</i>	
Caribbean Combo	\$6.90
<i>Strawberry, Banana, Coconut</i>	
Three Tenors	\$6.90
<i>Coconut, Macadamia, Hazelnut</i>	

Slo-Jo

98% Fat Free

Crème Brulee	\$6.90
Mango	\$6.90
Strawberry	\$6.90
Chocolate	\$6.90
Cino	\$6.90
Pino Colado	\$6.90
Tropical	\$6.90

Frappes

Chocolate, Coffee, Honey Comb,	\$6.90
Malteser, Jaffa	
All served with a swirl of cream....	

Cold Drinks

Coke	\$3.60
Diet Coke	\$3.60
Fanta—Orange/Red	\$3.60
Sprite	\$3.60
Soda Water	\$3.60
Lemon, Lime, Bitters	\$3.60
Deep Spring	\$3.60
Ginger Beer	\$3.60
Agrum	\$3.60
Kola Beer	\$3.60
Mount Franklin Water	\$3.30

Fruit Juices

Apple	\$3.90
Pineapple	\$3.90
Orange	\$3.90
Mango & Banana	\$3.90
Orange & Mango	\$3.90
Pineapple & Guava	\$3.90
Appletiser	\$3.90
Grapetiser	\$3.90

Cakes

Cakes—see display fridge	\$6.50
Muffins - assorted	\$4.50
Biscotti	\$0.80
Biscuits	\$3.00
<i>Anzacs, Melting Moments,</i>	
<i>Smarties, Choc Chip</i>	

**CHECK OUR DISPLAY
FRIDGE FOR OTHER DRINKS**

****PLEASE TAKE ADVANTAGE
OF OUR CUSTOMER
LOYALTY CARD**

**CAFE 7 MANAGEMENT AND
STAFF THANK YOU FOR
YOUR PATRONAGE.**

**WE HOPE TO SEE YOU
AGAIN REAL SOON.**

DESSERT

- Banana Split** \$ 9.80
fresh banana, vanilla bean gelato, crushed nuts, wafer, topping and cream
- Tropical Malibu Island** \$ 9.80
mango sorbet, strawberry sorbet, coconut topping, coconut flakes & water
- Four Times the Café** \$ 9.80
coffee bean garnish served over creamy coffee gelato with liquid coffee topping & discover a hint of chicory
- Nut Sundae** \$ 8.90
icecream, crushed nuts, wafer, your choice of topping and cream
- Maltese Meltdown** \$10.95
ice cream, crushed maltesers, heated chocolate and caramel syrup, wafer
- Cake of the day with fresh cream** \$ 6.50
- Azzura Icecream** (check display fridge—new selections) \$ 6.90
Peach Fantasia, Apple Sensation, Green Pears, Marroncino or White Truffle



Gelato—check display fridge for flavours

One Scoop	\$ 3.50
Two Scoops	\$ 5.50
Three Scoops	\$ 7.00